

Kennedy All Time

Top 10 Track and

Field

KCI ALL TIME TOP

TEN WOMEN

100 yard dash

1)	Joyce Willimott	11.94	WSSA	1964
2)	Mary LaPointe	12.24	SWOSSA	1967
3)	Jennie Golab	12.44	Border Cities	1929
4)	Jane Allison	12.54	WSSA	1963
5)	Joan Emode	12.61	Kennedy Relays	2002
6)	Cathy Arnott	12.74	WSSA	1968
7)	Amy Boudreau	12.89	Kennedy Relays	2000
8)	Soble	12.94	WSSA	1944
9)	Marion Leach	13.04	SWOSSA	1965
10)	Rachel Handsor	13.07	Kennedy Relays	2007

100 m

1)	Cathy Arnott	12.74	SWOSSA	1971
2)	Angela Henry	12.84	OFSAA Regionals	1984
3)	Janet Brown	13.04	WSSA	1981
4)	Ann Beatty	13.14	WSSA	1979
5)	Joan Emode	13.35	SWOSSAA	2001
6)	Believe Allen	13.36	SWOSSAA	2025
7)	A'mya Norwood	13.43	WECSSAA	2025
8)	Stephanie Scane	13.61	Kennedy Relays	2012
9)	Gina Gural	13.64	WSSA	1997
10)	Kaia Ryerson	13.72	Sandwich Allcomers #1	2018
<u>200 m</u>				
1)	Kari Vickers	26.64		1989
2)	Angela Henry	27.04	OFSAA Regionals	1984
3)	Rose Daley	27.24	OFSAA Regionals	1984
4)	Joan Emode	27.42	WECSSAA	2003
5)	Ann Beatty	27.54	WSSA	1979
6)	Stephanie Scane	27.61	University of Windsor Allcomers #2	2013
7)	Cathy Arnott	27.74	WSSA	1968
8)	Believe Allen	27.78	WECSSAA	2025
9)	A'mya Norwood	27.79	WECSSAA	2024
10)	Amy Boudreau	27.86	WECSSAA	1999
<u>400m</u>				
1)	Kari Vickers	57.41	OFSAA	1989
2)	Stephanie Scane	57.90	OFSAA Regionals	2013
3)	Hannah Eberhard	59.19	WECSSAA	2002
4)	Sarah Wiley	1:01.14	SWOSSA	1993
5)	Chyanne Luxford	1:02.44	OFSAA Regionals	2007

6)	Leah Steinke	1:03.94	Essex Allcomers	2002
7)	Jennifer Pells	1:04.34	SWOSSA	1991
8)	Kara Logan	1:04.66	WSSA	1998
9)	Sara Gilchrist	1:04.96	OFSAA	1994
10)	Ruth Emode	1:05.14	WECSSAA	2002

800 m

1)	Kari Vickers	2:13.48	OFSAA Regionals	1990
2)	Hannah Eberhard	2:16.92	OFSAA	2002
3)	Leah Steinke	2:24.05	OFSAA Regionals	2003
4)	Stephanie Scane	2:28.27	WECSSAA	2012
5)	Sarah Wiley	2:28.78	Brennan Allcomers	1990
6)	Sara Brunelle	2:29.68	SWOSSA	1997
7)	Jennifer Nichols	2:32.38	SWOSSA	1993
8)	Shona Davis	2:32.48	SWOSSA	1980
9)	Cullen	2:33.48	SWOSSA	1974
10)	Kara Logan	2:33.60	SWOSSA	2000

1500 m

1)	Leah Steinke	4:53.81	SWOSSAA	2002
2)	Carly Nikita	5:07.69	OFSAA Regionals	2005
3)	Hannah Eberhard	5:07.98	Essex Allcomers	2001
4)	Sherri Plante	5:12.98	SWOSSA	1981
5)	Tashina MacGuigan	5:17.68	WECSSAA	2004
6)	Danna Perron	5:25.68	WECSSAA	2006
7)	Ruth Emode	5:25.77	WECSSAA	2005
8)	Divya Sharda	5:26.18	SWOSSA	1994
9)	Dalia Taquali	5:26.70	SWOSSAA	2006
10)	Dima Taquali	5:27.13	SWOSSAA	2006

Mile

1)	Leah Steinke	5:18.77	Kennedy Relays	2002
2)	Carly Nikita	5:36.99	Kennedy Relays	2006
3)	Danna Perron	5:58.66	Kennedy Relays	2006
4)	Jocelyn Nikita	6:07.20	Kennedy Relays	2002
5)	Olivia Haworth	6:14.19	Kennedy Relays	2001
6)	Ruth Emode	6:20.61	Kennedy Relays	2004
7)	Deanna Cresswell	6:38.32	Kennedy Relays	2014
8)	Eni Beja	6:41.90	Kennedy Relays	2007
9)	Cassie McArthur	6:49.54	Kennedy Relays	2005
10)	Audrey Robinson	6:59.26	Kennedy Relays	2008

<u>3000 m</u>				
1)	Leah Steinke	10:36.40	Forest City Prep	2002
2)	Carly Nikita	11:04.98	OFSAA Regionals	2006
3)	Hannah Eberhard	11:07.88	Leamington Allcomers	2003
4)	Sherri Plante	11:13.78	SWOSSA	1981
5)	Jocelyn Nikita	11:40.51	SWOSSAA	2002
6)	Divya Sharda	11:48.98	SWOSSA	1994
7)	Dalia Taquali	11:51.97	WECSSAA	2006
8)	Tashina MacGuigan	11:52.33	SWOSSAA	2004
9)	Dima Taquali	11:53.18	WECSSAA	2006
10)	Kelly Fortune	11:55.78	Sandwich Allcomers	2010
<u>1500 m Steeplechase</u>				
1)	Carly Nikita	5:31.96	SWOSSAA	2007
2)	Danna Perron	5:56.56	SWOSSAA	2006
3)	Tashina MacGuigan	6:00.98	Forest City Prep	2004
4)	Ruth Emode	6:35.68	Forest City Prep	2004
5)	Cassie McArthur	7:09.18	Sandwich Allcomers	2006
<u>2000 m Steeplechase</u>				
1)	Hannah Eberhard	7:26.28	St. Patrick's Invitational	2002
<u>80 m Hurdles (30")</u>				
1)	Cathy Arnott	12.74	SWOSSA	1971
2)	Chris Fitzpatrick	13.14	SWOSSA	1986
3)	Kylie Perry	13.59	WECSSAA	2013
4)	Smith	13.64	SWOSSA	1978
5)	Anastasia Giles	13.77	SWOSSAA	2005
6)	Tara Newman	13.84	WSSA	1997
7)	Hannah Eberhard	13.90	WECSSAA	2000
8)	Amy Boudreau	14.44	Sandwich Allcomers	1999

9)	Julie Radford	14.53	University of Windsor Allcomers #2	2013
10)	Rhiannon Hebert	14.71	Sandwich Allcomers #2	2017
<u>100 m Hurdles (30")</u>				
1)	Stephanie Scane	15.20	WECSSAA	2014
2)	Anastasia Giles	16.47	WECSSAA	2006
3)	Kathy Tsiantopoulos	17.88	WECSSAA	1999
4)	Lareina Maskell	18.37	SWOSSA	2000
5)	Heather Holland	18.44	Sandwich Allcomers	1998
5)	Amy Boudreau	18.46	SWOSSA	2000
7)	Tara Newman	18.54	WSSA	1998
8)	Venus Wong	18.54	Essex Allcomers	2000
9)	Pan Hao	21.04	WECSSAA	2003
10)	Kathy Bird	23.10	WSSA	1993
<u>300 m Hurdles (30")</u>				
1)	Hannah Eberhard	45.36	OFSA	2001
2)	Sarah Wiley	46.54	OFSA Regionals	1992
3)	Stephanie Scane	46.84	OFSA Regionals	2012
4)	Robin Miller	49.84	WSSA	1992
5)	Tara Newman	49.94	WSSA	1996
6)	Sarah Gilchrist	50.34	University of Windsor Allcomers	1996
7)	Anastasia Giles	50.56	SWOSSA	2005
8)	Kylie Perry	50.65	OFSA Regionals	2013
9)	Kathy Tsiantopoulos	51.14	SWOSSA	1997
10)	Alex Zouzal	51.55	SWOSSA	2001
<u>400 m Hurdles (30")</u>				
1)	Stephanie Scane	1:03.56	SWOSSA	2014
2)	Sarah Wiley	1:05.64	OFSA Regionals	1993

3)	Hannah Eberhard	1:08.30	Belle River Allcomers	2003
4)	Anastasia Giles	1:11.09	SWOSSAA	2007
5)	Carly Nikita	1:14.09	Sandwich Allcomers	2006
6)	Amy Boudreau	1:16.02	WECSSAA	2000
7)	Heather Holland	1:16.64	Sandwich Allcomers	1998
8)	Danna Perron	1:16.90	WECSSAA	2005
9)	Venus Wong	1:16.98	SWOSSAA	2001
10)	Nicole Vachon	1:17.76	SWOSSA	2000

Long Jump

1)	Joyce Willimott	5.32	SWOSSA	1966
2)	Rhiannon Hebert	5.27	OFSAA Regionals	2019
3)	R. Dominate	4.91	Border Cities	1932
4)	Kelly Kuzak	4.87	OFSAA Regionals	1999
5)	Julie Radford	4.72	University of Windsor Allcomers	2013
6)	McPhedran	4.68	WSSA	1959
7)	Willa Hyttenrauch	4.64	Border Cities	1932
8)	Kaia Ryerson	4.56	SWOSSAA	2018
9)	Joan Emode	4.55	Belle River Allcomers	2001
10)	Penny	4.53	WSSA	1945

Triple Jump

1)	Julie Radford	10.75	OFSAA Regionals	2013
2)	Rhiannon Hebert	10.65	Sandwich Allcomers #3	2017
3)	Nisha Singh	9.96		1992
4)	Linda Nguyen	9.80	WECSSAA	1999
5)	Anna Atkinson	9.79		1989
6)	Kelly Kuzak	9.70	WECSSAA	1999
7)	Tara Newman	9.53	WSSA	1998
8)	Kylie Perry	9.30	WECSSAA	2012
9)	Danna Perron	8.96	Chatham Kent Relays	2003
10)	Amira El-Mais	8.78	WECSSAA Allcomers 3	2025

High Jump

1)	Rhiannon Hebert	1.51	Sandwich Allcomers #3	2018
2)	Rachel Martin	1.45	Brennan Allcomers	1997
2)	Katie Walker	1.45	Brennan Allcomers	1997
2)	Anastasia Giles	1.45	St. Patrick's Invitational	2004
2)	Julie Radford	1.45	University of Windsor Allcomers #3	2013
2)	A'mya Norwood	1.45	WECSSAA	2025
7)	Jody Hurst	1.43	WSSA	1978
8)	Grundy	1.42	WSSA	1968
9)	Heather Holland	1.40	Brennan Allcomers	1997
10)	Edith Stenman	1.37	WSSA	1946
10)	Brooks	1.37	WSSA	1951
11)	Willa Hyttenrauch	1.34	K.C.I. Stadium Inaugural Meet	1929
11)	Elsie Starling	1.34	K.C.I. Field Day	1936
11)	Wiseman	1.34	WSSA	1939
11)	Mary Weber	1.34	WSSA	1953
<u>Pole Vault</u>				
1)	Carolyn Harris	2.30	SWOSSA	1999
2)	Tara Newman	2.20	SWOSSA	1998
3)	Julie Radford	2.20	Sandwich Allcomers #2	2014
4)	Shelly Nguyen	2.15	Lancer Prep	2018
5)	Karina Ng	1.95	WECSSAA	1999
<u>Shot Put (4 kg)</u>				
1)	Joanne Rothery	13.96	OFSA	1984
2)	Lydia Abraha	11.03	OFSA	2018
3)	Abby Watkins	10.82	OFSA Regionals	1982
4)	Linda Emode	9.68	Essex Allcomers	2006
5)	Bojana Radan	9.16	WECSSAA	2010
6)	Ava Mio	9.10	WECSSAA	2019
7)	Julie Radford	8.93	Sandwich Allcomers #1	2015
8)	Jennifer Pells	8.88	SWOSSA	1994
9)	Noora Khalifa	8.42	Sandwich Allcomers	2000
10)	Krystal Lauzon	8.31	Kennedy Relays	2006

<u>Novice/Junior</u>				
<u>Shot Put (3 kg) - 4kg prior to 2015</u>				
1)	Joanne Rothery	13.57	SWOSSA	1982
2)	Lydia Abraha	11.60	OFSA Regional	2016
3)	Ava Mio	10.76	SWOSSA	2018
3)	Abby Watkins	10.72	WSSA	1982
5)	Leah Leung	9.63	WECSSA	2018
6)	Shelly Nguyen	9.59	WECSSA	2018
7)	Linda Emode	8.92	SWOSSA	2005
8)	Emily Dwyer	8.81	WECSSA	2019
9)	Noora Khalifa	8.42	Sandwich Allcomers #3	2000
10)	Krystal Lauzon	8.31	Kennedy Relays	2006
<u>Discus (1 kg)</u>				
1)	Joanne Rothery	44.42	SWOSSA	1984
2)	Linda Emode	34.32	Leamington Allcomers	2007
3)	Abby Watkins	33.32	OFSA Regional	1988
4)	Bojana Radan	27.06	WECSSA	2010
5)	Lydia Abraha	27.05	WECSSA	2017
6)	Lindsey Nairn	26.30	Essex Allcomers	1999
7)	Jennifer Pells	25.56	University of Windsor Allcomers	1995
8)	Melissa Wallace	23.20	WECSSA	2000
9)	Monique Burridge	23.08	SWOSSA	1996
10)	Shadae Grenier-Powell	22.70	WECSSA	2019
<u>Javelin (600 g)</u>				
1)	Tracey Swystun	37.98	SWOSSA	1990
2)	Lydia Abraha	30.22	The Kennedy Relays	2018
3)	Pan Hao	30.20	Chatham Kent Relays	2003
4)	Linda Emode	29.39	WECSSA	2007
5)	Piper	27.66	WSSA	1973
6)	Nina Milidrag	26.76	WECSSA	2012
7)	Katie Walker	26.64	University of Windsor Allcomers	1996

8)	Lama Alsafi	26.08	St. Patrick's Invitational	2004
9)	Leah Leung	26.03	The Kennedy Relays	2019
10)	Janet Visca	25.64	WSSA	1986
KCI ALL TIME TOP TEN MEN				
100 yard dash				
1)	Colman Balogh	10.24	WSSA	1966
2)	A. Hovran	10.44	WOSSA	1938
3)	D. Smith	10.54	Kennedy Relays	1949
4)	Joe Krol	10.64	K.C.I. Field Day	1936
4)	H. Lee	10.64	dual meet versus Central Collegiate	1929
4)	Bob Scoren	10.64	Kennedy Relays	1945
7)	Jack Long	10.74	K.C.I. Field Day	1940
8)	Ian Donald	10.81	Kennedy Relays	2007
9)	John Loaring Sr.	10.84	WSSA	1935
9)	C. Brown	10.84	WSSA	1935
9)	Americo Sovran	10.84	K.C.I. Field Day	1940
9)	Dick Benning	10.84	WSSA	1958
100 m				
1)	Nicolas Tugui	11.07	OFSA Regional	2014
2)	Joe Lobzun	11.24	WSSA	1981
3)	Derrick Crane	11.34	SWOSSA	1990
4)	Scott Gauthier	11.38	OFSA Regional	1994
5)	Tin Nguyen	11.44	WSSA	1995
6)	Daniel George	11.45	WECSSAA	2015
7)	Brandon Chickee	11.47	St. Patrick's Invitational	2003
8)	Ken Lobzun	11.54	OFSA Regional	1979
9)	Nam Nguyen	11.64	WSSA	1997
10)	Mark Emode	11.67	University of Windsor Allcomers	2013
200 m				
1)	Colman Balogh	22.44	OFSA	1965

2)	Brandon Chickee	22.50	WECSSAA	2003
3)	Nicolas Tugui	22.79	WECSSAA	2013
4)	Mark Emode	23.13	University of Windsor Allcomers #2	2013
5)	Bill Hendershot	23.34	SWOSSA	1964
6)	Ken Lobzun	23.44	OFSA Regional	1979
6)	Scott Gauthier	23.44	Brennan Allcomers	1993
8)	Bradd Ruddy	23.64	WSSA West	1967
8)	Joe Lobzun	23.64	WSSA	1981
10)	Doug Collins	23.74	WSSA	1984

400 m

1)	D. Smith	49.44	WOSSA	1948
2)	Akot Aken	50.04	WECSSAA	2019
2)	John Loaring Sr.	50.24	SWOSSA	1935
4)	Bill Hendershot	50.24	WSSA	1965
5)	Ian Aseltine	50.32	St. Patrick's Invitational	2000
6)	Tom Arnott	50.94	Knights of Columbus	1975
7)	Michael Manka	51.03	OFSA Regional	1999
8)	Ron Zanin	51.34	SWOSSA	1965
9)	John Kerr	51.54	WOSSA	1952
10)	Mark Emode	51.65	WECSSAA	2013

800 m

1)	John Loaring Jr.	1:56.38	SWOSSA	1964
2)	Cory Simard	1:57.31	OFSA Regional	2012
3)	Sinisa Simic	1:57.32	WECSSAA	2003
4)	Ian Aseltine	1:57.50	OFSA Regional	2000
5)	John Kerr	1:58.88	OFSA	1953
6)	Patrick Fortune	1:59.01	SWOSSA	2009
7)	Donovan Shepherd	1:59.28	SWOSSA	1981
8)	Michael Manka	1:59.98	SWOSSA	1998
9)	Steve Rainville	2:00.68	WSSA	1980
10)	Magdi Tiea	2:01.87	OFSA Regional	2018

1500 m

1)	David Weston	4:06.07	WECSSAA	2006
2)	Sinisa Simic	4:07.33	St. Patrick's Invitational	2003
3)	Mitchell Tome	4:07.87	Lancer Prep	2006
4)	Steve Rainville	4:08.68	SWOSSA	1980

5)	Patrick Fortune	4:08.83	WECSSAA	2009
6)	Cory Simard	4:11.20	WECSSAA	2012
7)	Tom Gray	4:14.28	WSSA	1997
8)	Ray Holland	4:14.88	WSSA	1977
9)	Nate DeBono	4:16.77	OFSAA	2004
10)	James Loaring	4:19.28	SWOSSA	1996

1 mile

1)	John Loaring Jr.	4:26.38	OFSAA	1964
2)	Hugh Leal	4:35.48	WSSA	1967
3)	George Cosic	4:35.68	SWOSSA	1968
4)	Mitchell Tome	4:35.96	Kennedy Relays	2006
5)	David Weston	4:36.34	Kennedy Relays	2005
6)	Bob McRae	4:45.88	Kennedy Relays	1949
7)	Bruce Whyte	4:46.58	WSSA	1959
8)	Bryan Mahoney	4:50.98	WSSA	1963
9)	J. Thrift	4:51.68	WSSA	1951
10)				

3000 m

1)	David Weston	8:55.77	WECSSAA	2006
2)	Steve Rainville	8:58.08	SWOSSA	1980
3)	Mitchell Tome	9:06.61	WECSSAA	2006
4)	Ray Holland	9:09.28	WSSA	1977
5)	Sinisa Simic	9:19.88	Leamington Allcomers	2003
6)	Patrick Fortune	9:28.38	Sandwich Allcomers	2010
7)	James Loaring	9:26.78	SWOSSA	1996
8)	Nate DeBono	9:34.21	OFSAA Regionals	2004
9)	Reese Butler	9:40.83	SWOSSAA	2025
10)	Tom Gray	9:44.58	SWOSSA	1995

1500 m **Steeplechase**

1)	David Weston	4:33.55	St. Patrick's Invitational	2005
2)	Patrick Fortune	4:40.94	St. Patrick's Invitational	2009
3)	Sinisa Simic	4:43.38	St. Patrick's Invitational	2001

4)	Mitchell Tome	4:47.59	St. Patrick's Invitational	2005
5)	Cory Simard	4:57.26	St. Patrick's Invitational	2012
6)	Barry Pizzuti	5:05.28	St. Patrick's Invitational	2001
7)	Daryl Lundy	5:11.57	St. Patrick's Invitational	2000
8)	Eric Ly	5:11.72	St. Patrick's Invitational	2004
9)	Adam Pells	5:14.98	Sandwich Allcomers	1998
10)	Bryan Boutilier	5:17.51	St. Patrick's Invitational	2005
10)	Chad Nemeth	5:41.48	St. Patrick's Invitational	2001

2000 m Steeplechase

1)	Sinisa Simic	6:00.71	OFSAA	2003
2)	Patrick Fortune	6:01.96	OFSAA Regionals	2010
3)	David Weston	6:04.39	OFSAA	2006
4)	Mitchell Tome	6:04.89	OFSAA	2006
5)	Cory Simard	6:32.59	SWOSSAA	2012
6)	Tom Gray	6:35.88	OFSAA Regionals	1997
6)	Jack Albert	6:35.88	SWOSSA	1999
8)	Ben Andrews	6:58.92	WECSSAA	2014
9)	Reese Butler	7:00.79	WECSSAA	2025
10)	Adam Pells	7:01.78	WSSA	1997

100 m Hurdles (33")

1)	Akin Oyedele	14.39	OFSAA	2006
2)	Ian Donald	14.74	OFSAA Regionals	2004
3)	Ardell Scott-Jackson	14.99	OFSAA Regionals	2018
4)	Sinisa Simic	15.24	Forest City Prep	1999
5)	Abdullah Zafar	15.84	WECSSAA	2017
6)	Dante Fornasierio	16.05	SWOSSAA	2012
7)	Fraser Elsdon	16.54	Essex Allcomers	2000
8)	Qeante Gaines	16.58	SWOSSAA	2018
9)	Michael Manka	16.84	Kettle Creek Invitational	1997
10)	Cameron Elsdon	17.30	SWOSSAA	2004

**100 m
Hurdles (36")**

1)	Ian Donald	13.92	OFSAA Regionals	2005
2)	Akin Oyedele	14.24	SWOSSAA	2007
3)	Mark Emode	16.20	Sandwich Allcomers #1	2011
4)	Kaeden Walls	17.62	Sandwich Allcomers #3	2011
5)	Thomas Leigh	23.66	Sandwich Allcomers #1	2011

**110 m
Hurdles (36")**

1)	Tom Arnott	14.74	OFSAA	1974
2)	Ian Donald	14.81	SWOSSAA	2007
3)	Akin Oyedele	14.83	WECSSAA	2009
4)	Ardell Scott-Jackson	15.77	SWOSSAA	2019
5)	Mark Emode	16.05	University of Windsor Allcomers #2	2013
6)	Abdullah Zafar	16.28	WECSSAA	2019
7)	Sinisa Simic	16.36	WECSSAA	2000
8)	Kaeden Walls	16.60	SWOSSAA	2013
9)	Eric Fleury	17.54	Sandwich Allcomers	1997
10)	Andrew Innerd	17.94	WSSA	1993

**110 m
Hurdles (39")**

1)	Tom Arnott	15.34	WSSA	1975
2)	Adam Stibbard	16.47	OFSAA Regionals	2003
3)	Andrew Innerd	17.04	SWOSSA	1994
4)	Brian Porter	17.14	SWOSSA	1997
5)	Shawn LeBlanc	17.20	WECSSAA	2000
6)	Eric Fleury	18.04	University of Windsor Allcomers	1998
7)	Jon Abela	18.20	SWOSSA	2000
8)	Brandon Chickee	18.24	Belle River Allcomers	2002
9)	Chris Pudlak	19.14	SWOSSA	1999
10)	Jordan Sylvester	19.61	WECSSAA	2002

**300 m
Hurdles (33")**

1)	Sinisa Simic	39.72	OFSAA Regionals	2001
2)	Michael Manka	39.94	OFSAA	1998
3)	Akin Oyedele	40.69	OFSAA Regionals	2007
4)	Ian Donald	40.72	SWOSSAA	2005
5)	Cole Hines	41.95	OFSAA Regionals	2017
6)	Matt Thorne	42.33	OFSAA Regionals	1994
7)	Eric Fleury	42.84	SWOSSA	1997
8)	Brian Porter	43.84	WSSA	1995
9)	Shawn LeBlanc	44.44	St. Anne's Allcomers	1998
10)	Qeante Gaines	44.78	SWOSSAA	2018

**400 m
Hurdles (36")**

1)	Michael Manka	55.95	OFSAA	2000
2)	Tom Arnott	56.04	SWOSSA	1975
3)	Sinisa Simic	56.21	SWOSSAA	2002
4)	Rob Moore	56.64	SWOSSA	1992
5)	Akin Oyedele	57.02	WECSSAA	2009
6)	Ian Donald	57.20	Lancer Prep	2007
7)	Mark Emode	57.28	WECSSAA	2012
8)	Matt Thorne	58.64	WSSA	1995
9)	Ian Aseltine	58.71	WECSSAA	2000
10)	Shawn LeBlanc	59.72	WECSSAA	2000

Long Jump

1)	Joe Krol	6.83	WOSSA	1938
2)	Clark	6.68	K.C.I. Field Day	1940
3)	Akot Aken	6.68	WECSSAA	2019
4)	Mike Urban	6.50	WSSA	1968
5)	D.J. Simonato	6.45	WECSSAA	2019
6)	Dave Pennington	6.43	WOSSA	1955
7)	Daniel George	6.39	SWOSSAA	2015
8)	W. Boyd	6.32	WOSSA	1952
9)	Andrew Russell	6.32	SWOSSAA	2017
10)	Ler Lar Hay	6.25	WECSSAA	2019

Triple Jump

1)	Akot Aken	14.26	OFSA	2019
2)	Ron Zanin	13.41	OFSA	1965
3)	Joe Krol	13.33	WOSSA	1938
4)	Andrew Russell	13.06	SWOSSA	2017
5)	Gino Sovan	13.04	WSSA	1942
6)	Sandy Roland	13.00	WOSSA	1962
7)	J. Londry	12.97	WOSSA	1937
8)	Real LeClerc	12.76	WSSA	1985
9)	Preston Soucie	12.66	OFSA Regionals	2012
10)	Mike Urban	12.59	WSSA West	1967

High Jump

1)	Andrew Russell	1.93	WECSSA	2017
2)	Chris Cieben	1.90	Brennan Allcomers	1994
3)	Preston Soucie	1.85	WECSSA	2014
4)	Dylan Nanson	1.81	OFSA Regionals	2024
5)	Martin Gecelovski	1.80	Brennan Allcomers	1997
6)	Joe Krol	1.76	Border Cities	1935
7)	Harold Jackson	1.75	Border Cities	1934
7)	Kirk Weber	1.75	WSSA	1951
7)	Tony Montague	1.75	WOSSA	1961
7)	Sinisa Simic	1.75	York University Indoor HS Meet	1999

Pole Vault

1)	Tom Arnott	3.71	OFSA Regionals	1975
2)	Jonathan Buller	3.62	SWOSSA	1981
3)	Vlad Borza	3.60	OFSA Regionals	2003
4)	Mike Urban	3.55	WSSA	1967
5)	Stan Willimott	3.45	WOSSA	1931
5)	Harold Jackson	3.45	WOSSA	1934
7)	R. Leonard	3.42	Border Cities	1931
8)	Harold Jackson	3.39	WOSSA	1936
9)	Bill Mitchell	3.35	Kennedy Relays	1955
9)	Larry Polsky	3.35	WSSA	1961

Shot Put (5.45 kg)

1)	Bill Bailey	17.50	OFSA	1989
2)	Vince DeMario	16.12	WSSA	1988
3)	David Watkins	15.55	OFSA	1981
4)	Henry Fortuna	15.46	SWOSSA	1974
5)	Len Flatley	14.82	Kennedy Relays	1960

5)	Duncan Leal	14.82	WSSA	1978
7)	Walt Jasey	14.79	WSSA	1965
8)	Earl Rosenbaum	14.66	Kennedy Relays	1954
9)	Bill Mitchell	14.51	Kennedy Relays	1955
10)	Kyle Lauzon	14.21	Lancer Relays	2007

Novice/Junior

Shot Put (4 kg)

1)	David Watkins	15.46	OFSAA Regionals	1979
2)	Bill Bailey	15.09	SWOSSA	1985
3)	Bruno Mantovan	14.92	WSSA	1989
4)	Kyle Lauzon	14.85	Kennedy Relays	2006
5)	Alex Stojanov	14.80	OFSAA	1988
6)	Duncan Leal	14.77	SWOSSA	1976
7)	Vince DeMario	14.67	WSSA	1986
8)	Justin Rajaratnam	14.62	OFSAA	1990
9)	Joey Pitts	14.33	WECSSAA	2004
10)	Peter Despenic	13.67	WSSA	1982

Discus (1.62 kg)

1)	Bill Bailey	49.32	OFSAA Regionals	1989
2)	Keith Matlock	49.06	OFSAA Regionals	1985
3)	David Watkins	48.00	OFSAA	1981
4)	Ken Pierce	47.98	OFSAA Regionals	1982
5)	Jim Leonard	46.78	SWOSSA	1963
6)	David Roth	45.40	WSSA	1973
7)	Herb Miller	44.17	WSSA	1964
8)	Tim Courtenay	43.92	WSSA	1988
9)	Len Flately	43.83	WOSSA	1960
10)	Joe Vijuk	43.21	SWOSSA	1963

Novice/Junior

Discus (1 kg)

1)	Sam Walls	54.34	SWOSSA	1989
2)	David Watkins	45.00	OFSAA Regionals	1979
3)	Scott Sprague	44.75	OFSAA Regionals	1999
4)	Rob Fawcett	44.04	SWOSSA	1987
5)	Zoran Basevski	42.94	OFSAA Regionals	1990

6)	Bill Bailey	42.62	WSSA	1985
7)	Vince DeMario	42.40	WSSA	1986
8)	Duncan Leal	39.77	Knights of Columbus	1975
9)	Misha Ivanenko	39.61	SWOSSAA	2007
10)	Joey Pitts	39.26	WECSSAA	2004

Javelin (800 g)

1)	Greg Sequin	56.50	OFSAA Regionals	1990
2)	Gord Fawcett	53.76	WSSA	1989
3)	Stephen Wuerch	53.42	SWOSSA	1983
4)	Jack Bailey	53.34	OFSAA Regionals	1990
5)	Nick Vukotic	52.93	OFSAA Regionals	2005
6)	Jim Leonard	52.14	WSSA	1965
7)	Brandon Daynard	50.90	Kennedy Relays	2004
8)	Shawn LeBlanc	50.03	Kennedy Relays	2000
9)	Jim Carter	48.84	SWOSSA	1963
10)	Derek Mercer	48.33	WSSA	1986

Novice/Junior Javelin (600 g)

1)	Greg Sequin	53.56	OFSAA	1987
2)	Brandon Daynard	52.80	WECSSAA	2004
3)	Jack Bailey	52.72	OFSAA	1988
4)	Jim Leonard	51.05	WOSSA	1962
5)	John Wayvon	50.53	WSSA	1984
6)	Richard Clapp	49.96	OFSAA	1988
7)	Al Flis	48.86	SWOSSA	1985
8)	Ryan Duffy	47.78	WSSA	1990
9)	Jonathan Ouellette	45.56	OFSAA Regionals	2005
10)	Misha Ivanenko	41.89	WECSSAA	2007